



2024 GNYER 5K 0-14 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	79	Sophia Jordan	0:26:25	13	590	8:30
2	159	Gracie Vincent	0:34:39	9	121	11:09
3	163	Sophie Mitchell	0:35:00	9	634	11:15
4	164	Gemma Marx	0:35:10	12	625	11:19
5	177	Ryan Kennedy	0:37:26	13	597	12:03
6	183	Aggie Komito	0:38:40	8	600	12:26
7	185	Nola Pham	0:38:41	9	649	12:27
8	204	Willa Marx	0:41:26	8	624	13:20
9	220	Claire Nelson	0:44:21	4	639	14:16
10	251	Joanne Kennedy	1:01:06	10	596	19:40

2024 GNYER 5K 0-14 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	7	Micah Sparks	0:18:15	14	678	5:52
2	21	Christopher Plough	0:20:50	14	721	6:42
3	24	Nico Ziegler	0:20:59	10	1699	6:45
4	30	Michael Corrin	0:21:40	12	546	6:58
5	40	Cole Westover	0:23:14	12	1688	7:28
6	56	Ethan Tate	0:24:29	12	687	7:53
7	64	Trey Romanini	0:24:46	12	713	7:58
8	181	Cory Marazzi	0:38:11	11	618	12:17
9	197	Constantine Varhola	0:40:34	13	1570	13:03

2024 GNYER 5K 15-19 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	50	Jordan Ramsey	0:24:04	15	657	7:44
2	140	Kendra Fedison	0:32:21	16	710	10:25
3	141	Ali Brzuski	0:32:24	16	523	10:26
4	263	Lorelai Huff		19	583	

2024 GNYER 5K 15-19 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	4	Xavier Griffiths	0:17:41	17	11	5:41
2	5	Elijah Corrin	0:18:12	17	545	5:51
3	6	Josiah Toth	0:18:14	16	1341	5:52
4	9	Lee Chandler	0:18:35	16	532	5:59
5	11	Remington Griffiths	0:19:31	15	81	6:17
6	12	Austin Smith	0:19:47	15	670	6:22
7	15	Devin Peietrowski	0:20:03	15	60	6:27
8	18	Tanner Markley	0:20:10	18	621	6:29
9	22	Duncan Bryk	0:20:51	19	522	6:42
10	26	Chad Snelling	0:21:27	18	674	6:54
11	27	Bret Snelling	0:21:30	16	675	6:55
12	31	Levi Armitage	0:21:56	17	462	7:03
13	34	Chase Westover	0:22:21	15	1689	7:11
14	60	Luke DanneMiller	0:24:44	15	193	7:57
15	63	Asher Wise	0:24:45	16	724	7:58
16	266	Justin Partsch		16	647	

2024 GNYER 5K 20-24 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	165	Jenna Machamer	0:35:21	23	616	11:22

2024 GNYER 5K 20-24 (male)



Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	19	Chris Branham	0:20:13	21	518	6:30
2	32	Anthony Gorsuch	0:22:01	22	195	7:05
3	38	Jacob Branham	0:23:10	24	519	7:27
4	58	Alexander Tucci	0:24:43	22	1583	7:57
5	59	George McWilliams	0:24:43	21	631	7:57
6	62	Nicholas Tucci	0:24:44	24	1494	7:57
7	87	Adam Garry	0:26:58	23	707	8:40
8	105	Christian Harrell	0:29:13	24	705	9:24
9	117	Jack Markley	0:30:22	20	620	9:46
10	252	Ty Kuntzman	1:02:02	20	608	19:58

2024 GNYER 5K 25-29 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	89	Lily Hammel	0:27:00	29	574	8:41
2	174	Haylee Holt	0:37:05	26	582	11:56
3	182	Leslie Ditrick	0:38:14	29	555	12:18
4	187	Jessica Jarolim	0:38:57	27	587	12:32

2024 GNYER 5K 25-29 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	17	Kyle Neff	0:20:07	26	726	6:28
2	42	Chris Gabele	0:23:18	26	568	7:30
3	65	Noah LeBay	0:24:48	28	97	7:59
4	249	Jeff Eckelberry	0:55:44	25	559	17:56

2024 GNYER 5K 30-34 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	66	Gabriella Kreuz	0:24:49	32	603	7:59
2	94	Jenna Varhola	0:27:33	33	1611	8:52
3	98	Traci DeBerte	0:27:53	32	550	8:58
4	131	Deidre Lego	0:31:27	32	609	10:07
5	137	Rosa Diaz	0:31:52	33	553	10:15
6	171	Emmalee Opfer	0:36:10	32	643	11:38
7	200	Katie Bishop	0:40:54	33	507	13:10
8	211	Taylor Fedeli	0:41:44	32	562	13:26
9	233	Ricki White	0:48:52	32	1690	15:43
10	253	Sarah Bishop		34	506	
11	272	Casey Tebbs		32	690	

2024 GNYER 5K 30-34 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	10	Benjamin Mars	0:19:22	33	701	6:14
2	13	Bill Braden	0:19:52	31	515	6:23
3	45	Dan Tebbs	0:23:40	31	689	7:37
4	57	Matthew Sass	0:24:40	33	665	7:56
5	107	Matthew Bash	0:29:16	31	501	9:25
6	172	Drew Reilly	0:36:32	34	660	11:45
7	179	Jarrood Evangelist	0:37:47	30	725	12:09
8	267	Nicholas Pastorius		34	648	

2024 GNYER 5K 35-39 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	93	Jennifer Mitchell	0:27:28	39	635	8:50
2	100	Michele Nelson	0:28:18	35	640	9:06



2024 GNYER 5K 35-39 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
3	118	Michelle Vincent	0:30:29	36	1619	9:48
4	123	Melissa Heslop	0:30:50	36	580	9:55
5	128	Kalyn Seislove	0:31:23	35	668	10:06
6	136	Lori Hale	0:31:51	38	572	10:15
7	142	Jennifer Buckholdt	0:32:31	39	708	10:28
8	146	Carrie Danger	0:33:02	35	549	10:38
9	151	Kristen Stallman	0:33:42	36	681	10:51
10	201	Kelle Bacon	0:41:04	35	484	13:13
11	221	Mindy Nelson	0:44:21	35	641	14:16
12	223	Lisa Trettel	0:44:50	36	1426	14:25
13	224	Catherine Smith	0:45:12	39	672	14:33
14	242	Amanda Florian	0:53:53	39	564	17:20

2024 GNYER 5K 35-39 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	23	Michael Horvath	0:20:57	38	702	6:44
2	25	Nicolas Reed	0:20:59	35	659	6:45
3	95	Daniel Wilcox	0:27:39	38	1691	8:54
4	113	Fred Bedsworth	0:29:43	37	502	9:34
5	114	Bobby Bonitati	0:29:54	39	512	9:37
6	129	Bradley Seislove	0:31:23	36	667	10:06
7	138	John Breedlove	0:31:59	36	520	10:17
8	210	Anthony Tomei	0:41:33	39	699	13:22
9	222	Jonathan Trettel	0:44:50	36	1414	14:25

2024 GNYER 5K 40-44 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	67	Melissa Romanini	0:24:51	43	714	8:00
2	80	Michele Provencher	0:26:33	40	654	8:32
3	109	Holly Bishop	0:29:23	43	505	9:27
4	110	Sarah Testa	0:29:24	42	692	9:28
5	112	Rachel Workinger	0:29:28	42	1697	9:29
6	127	Yadira Reynaldo	0:31:23	40	661	10:06
7	150	Kimberly Morgan	0:33:19	40	153	10:43
8	152	Brianne Bailey	0:33:46	42	500	10:52
9	191	Clarissa Thompson	0:39:38	44	695	12:45
10	198	Ashley Thompson	0:40:37	41	723	13:04
11	202	Britt Badalich-Danish	0:41:04	42	494	13:13
12	207	Jessica Boarts	0:41:31	44	510	13:22
13	214	Kristen Cline	0:42:13	41	538	13:35
14	215	Brandy Cooper	0:42:24	40	542	13:39
15	240	Tiffany Spaziani	0:52:48	44	680	16:59
16	250	Jennifer Kennedy	1:00:54	44	598	19:36

2024 GNYER 5K 40-44 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	8	Andrew Adam	0:18:19	40	700	5:53
2	44	Jaeson Clayborn	0:23:33	41	537	7:34
3	53	Travis Spada	0:24:23	44	677	7:51
4	54	Dave Epifano	0:24:27	43	561	7:52
5	73	Royals Ben	0:25:37	43	127	8:15
6	86	Bryan Jordan	0:26:55	40	591	8:40
7	96	Michael Belmonte	0:27:39	41	504	8:54
8	102	Nick Morgan	0:28:37	44	157	9:12
9	115	Ben Busch	0:30:18	43	527	9:45
10	156	Andrew Croasmun	0:34:22	40	547	11:03



2024 GNYER 5K 40-44 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
11	169	Tyler Mitchell	0:35:48	40	636	11:31
12	184	Truy Pham	0:38:41	42	650	12:27
13	192	Lee Gilman	0:39:38	41	571	12:45
14	196	John Spaziani	0:40:32	43	679	13:02
15	205	Nathan Marx	0:41:28	40	626	13:20
16	277	Karlo Petrack		44	202	

2024 GNYER 5K 45-49 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	72	Abbie Chandler	0:25:36	48	531	8:14
2	78	Kelly Fisher	0:26:24	46	563	8:29
3	99	Jaime Blair	0:28:14	46	508	9:05
4	162	Shannon Quade	0:34:59	48	655	11:15
5	209	Melanie Tabak	0:41:32	46	686	13:22
6	212	Meghan Heft	0:42:09	45	578	13:34
7	216	Kate Long	0:42:26	48	612	13:39
8	219	Katie Kroft	0:44:00	46	607	14:09
9	225	Jennifer Miller	0:45:31	45	633	14:39
10	259	Heidi Downey		48	556	
11	271	Kristin Stasiowski		46	682	

2024 GNYER 5K 45-49 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	36	Christopher Stahr	0:22:44	46	722	7:19
2	43	Roy Miller	0:23:21	49	632	7:31
3	46	Greg Ziegler	0:23:42	45	1700	7:37
4	49	Timothy Brzuski	0:24:03	46	524	7:44
5	52	Joshua Plough	0:24:14	47	718	7:48
6	61	John Dreslinski	0:24:44	46	557	7:57
7	68	Jonathan Markley	0:25:05	48	622	8:04
8	75	Matt Chandler	0:26:08	48	533	8:24
9	92	Michael Owen	0:27:12	49	645	8:45
10	124	Marc Long	0:31:07	49	613	10:00
11	125	Matthew Schenz	0:31:12	48	715	10:02
12	157	Doug Kroft	0:34:30	46	606	11:06
13	188	Dave Komito	0:39:05	45	601	12:34
14	213	Jason Vinez	0:42:11	49	1633	13:34

2024 GNYER 5K 50-54 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	88	Angela Frame	0:27:00	52	567	8:41
2	106	Lisa Keane	0:29:15	54	594	9:24
3	111	Nedra Markley	0:29:26	50	623	9:28
4	120	Kathy Taylor	0:30:31	53	711	9:49
5	121	Helen McWilliams	0:30:37	53	630	9:51
6	143	Brenda Hall	0:32:35	54	573	10:29
7	145	Tina Henretty	0:33:01	53	716	10:37
8	148	Julia Pittman	0:33:09	51	651	10:40
9	158	Melissa Kroft	0:34:30	50	605	11:06
10	193	Emily Congrove	0:39:48	50	539	12:48
11	195	Sara Lumley	0:39:58	51	614	12:52
12	203	Jennifer Mixon	0:41:15	54	706	13:16
13	228	Pam Snelling	0:46:29	54	673	14:57
14	234	Sara Bobay	0:48:52	50	511	15:43
15	260	Dawn Edmiston		53	560	
16	274	Cindy Watkins		54	1687	



1	28	Dave Deeter	0:21:33	52	552	6:56
2	29	George McFall	0:21:36	53	627	6:57
3	35	Steve Gorsuch	0:22:26	51	201	7:13
4	39	Michael VanSickle	0:23:12	50	1586	7:28
5	55	Jim Fedison	0:24:29	51	709	7:52
6	70	benjamin Plough	0:25:28	50	720	8:11
7	90	Josh Keane	0:27:03	50	593	8:42
8	119	Mike Williams	0:30:30	53	149	9:49
9	139	Jason Dutton	0:32:18	52	558	10:23
10	144	Scott Snelling	0:32:35	54	676	10:29
11	147	Mike Keller	0:33:06	52	595	10:39
12	167	Joe Blasko	0:35:23	52	509	11:23
13	168	Jonah Levia	0:35:29	50	610	11:25
14	186	Gregory Dieringer	0:38:49	53	554	12:29
15	218	Neville Patterson	0:42:41	50	543	13:44
16	230	Greg Kroft	0:48:23	52	604	15:34
17	258	David Deeter		52	551	
18	275	Mike Williams		53	1692	

2024 GNYER 5K 55-59 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	51	Sabine Iben	0:24:09	58	585	7:46
2	81	Peggy Carson	0:26:39	58	530	8:34
3	122	Lin Danes	0:30:46	55	548	9:54
4	126	Gina Symsek	0:31:19	59	685	10:04
5	134	Kerry Morris	0:31:44	57	637	10:12
6	170	Kathy Christy	0:36:04	55	536	11:36
7	173	Ellen Budd	0:36:57	58	525	11:53
8	208	Katrina Wise	0:41:31	57	1695	13:22
9	231	Susan Stephens	0:48:30	59	684	15:36
10	246	Cindy Warzinski	0:55:27	57	1686	17:51
11	254	Michelle Bowes		59	513	
12	256	Cindy Bradfish		56	517	

2024 GNYER 5K 55-59 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	14	Rich Wisneski	0:19:53	56	138	6:24
2	37	Scott Marazzi	0:22:58	55	619	7:23
3	48	Scott Orlando	0:23:55	55	644	7:42
4	71	James Carson	0:25:31	59	529	8:12
5	77	Vince Rubino	0:26:16	55	663	8:27
6	84	Cary Frame	0:26:53	55	566	8:39
7	85	Tom LeBay	0:26:54	58	91	8:39
8	199	Bob Liggett	0:40:47	58	611	13:07
9	247	Kenneth Harland	0:55:28	55	577	17:51
10	255	Christopher Bowes		58	514	
11	276	Steven Youngkin		55	1698	

2024 GNYER 5K 60-64 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	82	Deb McMasters	0:26:41	61	629	8:35
2	116	Lisa Burnham	0:30:21	61	526	9:46
3	154	Laurie Conrad	0:33:59	63	540	10:56
4	160	Lesley Jarolim	0:34:50	61	586	11:12
5	190	Nancy Brunton	0:39:15	60	521	12:38
6	239	Betsy Gersten	0:52:38	63	569	16:56



2024 GNYER 5K 60-64 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
7	264	Lynn Hughes		62	584	

2024 GNYER 5K 60-64 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	33	Jim Chaney	0:22:06	61	534	7:06
2	47	Keith Johnston	0:23:49	63	589	7:40
3	69	Mark Recktenwald	0:25:11	62	658	8:06
4	76	Ed Sutter	0:26:08	62	164	8:24
5	104	Robert Tucci	0:28:53	63	1443	9:18
6	166	Jerry Lynch	0:35:23	64	615	11:23
7	176	Rick Charles	0:37:20	60	535	12:00
8	206	Dave Conrad	0:41:28	63	541	13:20
9	235	Mitch Thompson	0:51:14	61	696	16:29
10	257	Michael Cordi		64	544	
11	265	Thomas Jennings		63	588	
12	268	Timothy Powell		64	652	

2024 GNYER 5K 65-69 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	132	Linda Teodosio	0:31:29	68	691	10:08
2	161	Winnie Neugebauer	0:34:54	68	642	11:14
3	180	Elizabeth Themelis	0:38:07	66	693	12:16
4	226	Patti Frame	0:45:44	65	565	14:43
5	273	Jan Tiedemann		65	697	

2024 GNYER 5K 65-69 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	74	George Themelis	0:26:02	65	694	8:22
2	83	Walt Tletski	0:26:49	66	698	8:38
3	108	Rob Mains	0:29:17	69	617	9:25
4	153	Joe Palencik Jr	0:33:54	69	646	10:54
5	175	John Holt	0:37:07	66	581	11:56
6	189	Ryan McGuire	0:39:12	68	628	12:37
7	238	Mark Gersten	0:52:38	66	570	16:56

2024 GNYER 5K 70-74 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	217	Catherine Anderson	0:42:35	71	435	13:42
2	236	Lori Roof	0:51:26	70	662	16:33
3	244	Gail Raftery	0:54:30	71	656	17:32
4	248	Mary Sayers	0:55:29	72	666	17:51
5	261	Kathy Hanlin		71	575	

2024 GNYER 5K 70-74 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	91	WILLIAM BRADEN	0:27:11	72	516	8:45
2	97	Bruce Winer	0:27:50	70	1694	8:57
3	103	Paul Wohlwend	0:28:48	71	1696	9:16
4	133	Art Busch	0:31:43	72	528	10:12
5	194	David Tomei	0:39:55	72	1328	12:51
6	227	John Markley	0:46:05	72	704	14:50
7	229	Dennis Herris	0:46:40	73	579	15:01
8	232	Mark Kobelt	0:48:47	71	599	15:42
9	237	Steven Bell	0:51:59	71	503	16:44



2024 GNYER 5K 70-74 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
10	241	Frank Virzi	0:53:16	72	1634	17:08
11	262	Alan Hanlin		72	576	

2024 GNYER 5K 75-79 (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	155	Lola Plough	0:34:18	75	719	11:02
2	178	Nancy Karl	0:37:27	75	592	12:03
3	243	Carolyn Virzi	0:54:29	75	1685	17:32

2024 GNYER 5K 75-79 (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	101	Vince Russo	0:28:28	75	664	9:09
2	130	Larry Koval	0:31:26	77	602	10:07
3	135	John Plough	0:31:47	77	717	10:13
4	149	Marty Murphy	0:33:18	77	638	10:43
5	245	Larry N Steele	0:54:55	78	683	17:40
6	269	Douglas Powley		75	653	
7	270	Mark Shelton		75	669	

Top 3 2024 GNYER 5K (female)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	16	Virginia Williams	0:20:07	21	1693	6:28
2	20	Logan Grace Romanini	0:20:31	15	712	6:36
3	41	Colleen Tate	0:23:17	46	688	7:29

Top 3 2024 GNYER 5K (male)

Pos	Overall	Athlete	Gun Time	Age	Bib#	Pace
1	1	Nick Marino	0:16:36	28	703	5:20
2	2	Ben LeBay	0:16:50	17	96	5:25
3	3	Maddox Smith	0:16:59	19	671	5:28